



Our Life in the Church

Downtown & Green Wood for the week beginning Sunday, February 17, 2019

Bulletin announcements are due by noon on Wednesdays. Send via email to adele@fumc-a2.org or call the church office, 662-4536.



At our Vital Conversations meeting today, guest speaker Rev. Paul Perez

will share with us in person about his experiences at the U.S./Mexico border

this fall working for justice and more humane border policies. Join us for “The Intersection of Racism and Immigration” **today, Sun., Feb. 17**, in Calkins Hall at 11am. Childcare is available in the A room.

The Ypsilanti Symphony Orchestra presents an All Beethoven Concert featuring Jessica Dold, soprano, today, Sun., Feb.

17 at 3:30pm in the Towsley Auditorium at Washtenaw Community College. The Ypsilanti Symphony Orchestra (YSO) continues their 20th Anniversary season with a concert in keeping with the season’s theme “Local Treasures.” The program includes Ludwig von Beethoven’s popular Symphony No. 5, two well-known arias, and the overture to The Consecration of the House.



Immigration Documentary—

Join us for a documentary on **Fri., Feb. 22** at 7pm in the social hall to learn more about the mistreatment of minority groups in the U.S. “And Then They Came For Us” tells the story of the

Japanese American internment camps during World War II, and connects this atrocity with present-day discrimination of refugees and immigrants. Activists share their own experiences and speak out against the Muslim travel ban. The 45-minute film will be followed by a brief discussion.



Disability Awareness Talk: Communicating with Alzheimer’s—

Communication is more than just talking and listening, it’s also about sending and receiving messages through attitude, tone of voice, facial expressions, and body language. As people with Alzheimer’s disease and other dementias progress in their journey and the ability to use words is lost, families need new ways to connect. On **Sun., Feb. 24** from 11am-12:30pm in Calkins Hall, explore how communication takes place when someone has Alzheimer’s, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease. Presented by the Alzheimer's Association.

Can you tell me where to find _____?

Do you know where Calkins Hall is? How about the Asbury room? How would you find out if someone asked you? Be prepared to act in a welcoming helpful manner.

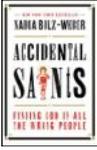


Do you want to help those reeling from recent natural disasters?

Donations to UMCOR are used to respond to emergencies both domestically and abroad.

Write a check to “FUMC”, put UMCOR in the memo, and put it in the collection plate. Give generously: 100% of your donation goes directly to assistance.

Our Life in the Church



Pop-up book study of “Accidental Saints” coming up (Sun., Feb. 24) in Calkins Hall at 11am. In *Accidental Saints*, Nadia Bolz-Weber invites readers into a surprising encounter with what she calls “a religious but not-so-spiritual life.” She stubbornly, sometimes hilariously, resists the God she feels called to serve. But God keeps showing up in the least likely of people—a church-loving agnostic, a drag queen, a felonious Bishop and a gun-toting member of the NRA. As she lives and worships alongside these “accidental saints,” Nadia is swept into first-hand encounters with grace—a gift that feels to her less like being wrapped in a warm blanket and more like being hit with a blunt instrument. Join us on **Sun., Feb. 24** at 11am; Calkins Hall.



Our Kenya Mission: How Can I Help?

Education is foundational to childhood development, and provides the greatest hope for the poor. Addressing critical issues created by poverty require long-term commitment; this has been the intent of FUMC’s partnership in Kenya since 2003. As a result, over 600 youth attend high school each year that cannot afford boarding schools, and 760 children facing food insecurity are provided enriched porridge daily to enable them to learn. Scholarships help youth attend high school and sponsor top graduates at university each year. A small group of ambassadors from our congregation will return to Meru next week: Victor Adamo, Marcos Bacelis, Greg Hulbert, Kathy Macdonald and Margaret Punch. Please review the letter you received in the mail to learn more about the trip and how you can partner with the team. Your prayers to support this vital ministry are greatly appreciated. Please consider a financial contribution as well.

Thank you for your donations of bottle-tops! We have collected more than enough for the Kenya math manipulatives.

Barrettes from Kenya! We have some hand-carved barrettes for sale at the Kenya mission table in Connections. Sales support Kenya projects.

FUMC will host the Interfaith Hospitality Network at **Alpha House March 4-10**

As always, we need **many volunteers** to fulfill this commitment to our homeless neighbors:

- ▶ Volunteers to provide grocery and general items
- ▶ Volunteers to provide the evening meal (to arrive at Alpha House by 5:30 p.m.)
- ▶ Evening coordinating host (5:30 - 9 p.m.)
- ▶ Hosts to serve the evening meal and clean up (5:30 - 7:15 p.m.)
- ▶ Hosts to do an evening activity with the children (activity time is 7 - 8 p.m.)
- ▶ Volunteers to stay overnight to support Alpha house staff as needed (9 p.m. - 7 a.m.)

This is a **great opportunity for entire families** to get involved and share a meal, or just spend time with our Alpha House friends. The children in the shelter would love to listen to music or play a game with your kids!

See us after the 9:30am service to sign up, or contact **Beth Lipton** at turboteach@aol.com / 665-9033 to offer support. Thank you!

Sign up to offer downtown altar flowers for worship services in 2019. Share with the congregation the commemoration of a life event or give thanks for a loved one or support group. These beautiful arrangements are ordered from Tom Thompson Flowers and they are yours to take home after the second service! The sign-up poster is hanging outside the downtown church office. Cost: \$50.



Access News

The ENTIRE church lot downtown on Sunday mornings is reserved for those with mobility challenges including young families with strollers and first time visitors. Please leave the Van Accessible spaces free on Sundays unless you drive a van with a side ramp. Additional free parking is available close by on the street and in the structure on Washington St.

Support Youth Ministry Mission Trips! Purchase scrip after Sunday worship this weekend!



Missing: Wheelchair. If you have seen or know where to find the black manual wheelchair that usually sits by the elevator on the ground floor of the church please contact the church office. Thank you.

Rainbow Crossing is a ministry dedicated to ensuring that all persons can be full, dynamic members of their faith in our church.

This group is a supportive community for persons who are lesbian, gay, bisexual, transgender, queer or allies (LGBTQ). Our next meeting is **Sun., Feb. 24** at 3:30pm in the Asbury room. Join us for good discussions and, of course, good food!

First Sunday Centering Practices: Introduction to Mindfulness with Smita Nagpal PhD, licensed psychologist from Still Waters Counseling. Mindfulness is a buzzword these days. What does mindfulness mean, how do I become more mindful, and how can this ancient practice benefit me in my present spiritual life? This session will include a very brief introduction to the concept of mindfulness as well as actual guided practice of a few basic mindfulness skills. Last but not least, a simple self-compassion practice will be introduced which can enhance the practice of mindfulness, and can also be used to create the space for other spiritual practices. Join us **Sun., Mar. 3** at 11am in Calkins Hall.



13 STEPS TO SUSTAINABILITY

UNITED METHODIST WOMEN

6 Make sure your event is planned with **accessibility** in mind. Indicate accessibility in publicity and ask for special needs on registration forms. Review evaluations from participants with disabilities carefully.

Nearly 1-in-5 people has a disability; more than half report a severe disability



Join the Appalachia Mission Trip March 27-30



Appalachia Mission Trip

March 27-30, 2019

Henderson Settlement, Frakes, Kentucky

If you are looking for a way to get your whole family involved in mission work this spring, this is the project for you!

A group of individuals and families from FUMC-Ann Arbor will travel to the United Methodist Mission at Henderson Settlement in Appalachia to work on a variety of community projects. Some of the possible projects include residing a house or painting a porch, installing gutters, helping to re-roof, sorting books for the library, or sorting clothes and household items at the resale shop. Projects are catered towards all age groups so everyone can take part at their skill and comfort level.

We will carpool down together. Accommodations will be in Hope and Brick House.

Cost: approx. \$150 per person, for room and board, plus \$50 per family toward mission project costs. Team members will also participate in fundraisers for the remaining project costs.

An information meeting will be held Sunday, March 10 at 11am in the Asbury room.

Questions? Please contact either Sheila Waterhouse (sanddhouse8@gmail.com) or Bob Florka (robertflorka@gmail.com)

To register see our webpage at www.fumc-a2.org/henderson



Notable meetings on our calendar

Meetings unique to the days ahead are listed below. Scan qr code at right for our full calendar.



SUNDAY, FEBRUARY 17

Adult Faith Formation: Vital Conversations (11:00a) Calkins
GW Chamber Concert: Ypsi Town Band (3:00p) Green Wood

MONDAY, FEBRUARY 18

JOY Luncheon (12:00p) Social Hall
Stewardship (6:00p) Chapel
Finance (7:00p) Chapel

TUESDAY, FEBRUARY 19

Scout Troop 4 (7:00p) Social Hall

WEDNESDAY, FEBRUARY 20

New Beginnings (2:00p) Asbury
Scout 4 Adult Leadership (7:00p) Aldersgate
Leadership Council (7:00p) Chapel

THURSDAY, FEBRUARY 21

Second Quartile Bible Study (7:30p) Aldersgate

FRIDAY, FEBRUARY 22

PM3 (12:30p) Asbury
Pinewood Derby setup (5:00p) Green Wood
Immigration Film Screening (7:00p) Social Hall

SATURDAY, FEBRUARY 23

Strategic Planning Retreat (8:30a) Social Hall
Pinewood Derby (8:30a) Green Wood

SUNDAY, FEBRUARY 24

Pancake Breakfast for Henderson (10:30a) Social Hall
Adult Faith Formation: Disabilities - Alzheimers (11:00a) Calkins
Adult Faith Formation: Pop-up book study of Accidental Saints (11:00a) Asbury
Rainbow Crossing (3:30p) Asbury

Drop-in Weekly Gatherings

The groups below welcome visitors at any time. Join one or more groups to enjoy fellowship while seeking to know God, love others, and serve the world. For more information on a group listed, contact the church office or consult the website.

SUNDAYS: Global Issues (11am Chapel) This group meets to discuss timely and meaningful topics, Sept.- May. This class uses the "Great Decisions" text from the Foreign Policy Association (fpa.org). All are welcome.

MONDAYS: Monday Yoga (11:40am Calkins) One-hour beginning yoga class with Holly Vogtmann — bring a yoga mat, water bottle, and \$13 per visit.

TUESDAYS: Brown Bag Bible Advent Study (12:00pm Chapel) A one-hour midday drop-in study. Through March 26, we will study the book of Acts. Bring your lunch!

TUESDAYS: Paint Studio (3:30pm Asbury) A group of watercolor artists meets weekly to work on personal and group projects. People working in water-based media are welcome!

WEDNESDAYS: Alcoholics Anonymous for Women (4:30-5:30pm Green Wood)

FRIDAYS: Alcoholics Anonymous (9:30-10:30am Social Hall)

FRIDAYS: Debtors Anonymous (11:30am-12:30pm Chapel)

FRIDAYS: L.O.V.E. Thy Neighbor Bag Lunch preparation (6:30-7:30pm Kitchen) Prepare bag lunches for distribution to our community homeless.

SATURDAYS: Men Of Faith (8:00am Asbury) Gathering of men interested in exploring faith expression.

SATURDAYS: Alcoholics Anonymous (10:00-11:00am Social Hall)

Green Wood Coffee House Series

Join us for exceptional music, coffee, and dessert in an intimate setting at one of our Green Wood Coffee Houses.

March 1 - Stephen Bishop (\$20)

March 8 - David Barrett (\$15)

March 15 - Livingston Taylor (\$20)

March 22 - John Ford Coley (\$20)

All concerts begin at 8pm. Doors open at 7:30pm.
Seating is first come, first served. Refreshments available.

Reservations are highly recommended! (1) Online reservations/purchases may be made through the webpage (www.greenwoodcoffeehouse.org), (2) Conventional reservation method is to call Green Wood (665-8558) and leave a message with your name, no. of tickets, and performance date; then write a check to "FUMC" for the total, with "GW Coffee House" in the memo and send to: GREEN WOOD - 1001 GREEN RD., ANN ARBOR, MI 48105. We'll see you at the door at 7:30 p.m. on performance night. *Either way you make your reservation, tickets aren't mailed.*

Coming up

- Mar. 1 - Green Wood Coffee House: Stephen Bishop
- Mar. 2 - Friends of the Groom workshops / GW worship
- Mar. 3 - Friends of the Groom worship / 3pm performance
11am General Conference report & worship with Rev. Lynn
- Mar. 4-10 - Alpha House Host Week
- Mar. 6 - Ash Wednesday worship 7pm downtown
- Mar. 8 - Green Wood Coffee House: David Barrett
Youth SoulFull Retreat at Lake Huron Retreat Center



PRAYER REQUESTS

The FUMC Prayer Chain is here for all members, friends, and visitors. If you have a prayer concern, you may email your request, write the request and place it in the Prayer Request Box in the narthex, submit your request via the church website, or contact one of the pastors directly. To submit via email, contact Olivia Fanning at olfanning@icloud.com.